

Nutrition and Dietetics **Sijo Joseph Thandapilly***

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Editorial Note

I am pleased to announce the Journal of clinical nutrition and dietetics, a rapid peer-reviewed journal, which offers researchers and scientists the opportunity to explore and publish the fundamental, advanced and recent scientific developments in the field of clinical nutrition and dietetics. The Journal of clinical nutrition and dietetics is highly useful to nutritionists, dietitians, medical students and a resource for clinical practice, as it clearly describes the essential scientific information on medical nutrition, nutritional assessment as well as metabolic study related to diseases. This journal also covers the entire study on micro and macro nutrients as well as applied research on nutrition and dietetics education. The Journals tend to prosper and publish the most complete Source of discovery and accurate details on the findings and in all areas of the field, recent advances in the mode of original papers, analysis, articles, case reports, short communications, etc. make them freely accessible online without any limitations or any other subscriptions to researchers worldwide.

The journal of Nutrition in Clinical Practice, Journal of Clinical Endocrinology & Metabolism, Journal of Child Neurology, Therapeutic Advances in Endocrinology and Metabolism, Journal of Animal Science, Obesity Surgery. As an original publication, review papers, case reports, brief correspondence, Solid weight the executives among teenagers is basic, especially as they set up freedom and settle on more decisions outside of the home condition, concerning diet and physical movement practices.

Authors can submit manuscripts and monitor their progress, hopefully for publication, through the online tracking system. As any report to be published publicly cumulatively covers 45 days from the date of receive. The time period for different processes including quality control, peer review, and paper preparation is taken from 4 to 5 weeks. Performance reviews and peer review processes are completed within 14 days, and the deadline for submission is just 7 days after the reviewers and editors have accepted.

Scope of the Journal

Nutrigenomics

Nutrigenomics often interchanged with nutritional genomics is a multidisciplinary science deals with the study of how food affects

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our genes and how an individual's genetic difference play role in responding to the nutrients and other compounds in the food we take. It is use of genomics to examine the interaction of diet and genes involved in health or disease. Recently nutrigenomics has gained a lot of attention in treating or preventing chronic diseases. It helps with personalized medicine and health. Certain factors are taken into consideration such as action of dietary chemicals directly or indirectly on the human genome.

Nutritional epidemiology

Nutritional epidemiology is one of the disciplines of epidemiology describing the relationship between diet and health in human population. It deals with the examination of role of nutrition in etiology of the disease and monitors the nutritional status of a certain population. It also helps in evaluating healthy eating patterns among the population. It uses biostatistician analysis to understand the biological aspects of nutrition. The epidemiological studies help in understanding of how to analyze and interpret the dietary data.

Nutraceutical

Nutraceuticals is broad term described as any non-toxic food component which in addition to normal nutritional values provides health benefits such as prevention of diseases and promotion of health. Nutraceuticals is grouped under following categories: dietary supplements, functional food, medicinal food, pharmaceuticals.