

Editorial on Clinical Nutrition and Dietetics

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Editorial

I am excited to introduce the Journal of Clinical Nutrition and Dietetics, a quick peer-reviewed journal that allows academics and scientists to investigate and publish basic, advanced, and current scientific discoveries in clinical nutrition and dietetics.

The Journal of Clinical Nutrition and Dietetics is a valuable resource for nutritionists, dietitians, medical students, and clinical practitioners since it clearly provides the key scientific information on medical nutrition, nutritional evaluation, and disease-related metabolic studies. This journal also covers all aspects of micro and macronutrient research, as well as applied research on dietetics and nutrition education. The Journals tend to prosper and publish the most complete Source of discovery and accurate details on the findings and in all areas of the field, recent advances in the mode of original papers, review articles, mini reviews, case reports, short communications, etc. make them freely accessible online without any limitations or any other subscriptions to researchers world.

We have currently released volume 5 issue 5, here we have published article entitled "Effect of Ramadan Fasting on Body Composition and Dietary Intake: A Prospective Study in the State of Qatar" which is written by Daradkeh G, et al. This article is about Ramadan is the holiest month Islamic calendar. For 29-30 days, Muslims refrain from all food, water, beverages, and smoking from around one hour before sunrise until sunset, from 8 to 18 hours. And as per the study conclusion is Fasting during Ramadan causes weight loss and changes in body composition, including decreases in fat mass and fat-free mass. Eating consumption varies by participant's age, gender, culture, and dietary habits.

There is another article which is "Tolerance, Healthcare Utilization and Cost of Enteral Peptide-Based Diets in Children in

Post-Acute Care in the USA" which was published by LaVallee C, et al. Article is about in paediatric populations, disease-related malnutrition (defined as a lack of nutrition caused by one or more diseases or injuries) is a common occurrence that has a detrimental impact on patient growth, development, and other clinical outcomes.

The main objective of the study is in pediatric patients in the post-acute setting, the authors evaluated the real-world GI tolerance, healthcare utilization, and resource use costs of 100 percent whey protein (w-) PB ETF and the conclusion is whey protein PB ETF formulas are an excellent therapeutic choice for children who are malnourished or at danger of malnutrition who are intolerant to regular ETF formulas. These formulae may aid in the reduction of hospital visits and related expenses. The rest of articles were editorials which has also impressed to the readers of the journals and those explain about the journal.

We invite various kind of researcher and students to publish their upcoming research and thesis in our journal related to the clinical nutrition and dietetics so we can publish those article in our upcoming issue. In our upcoming issue we are mainly focusing on article related to Immuno-nutrition, Dietetics, Human Nutrition, Nutrient Absorption, Food Microbiology, and Diet Therapy.

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