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## **Advanced Medical Investigation and Treatment of Health Care**

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## Description

The improvement of a person's health through the prevention, diagnosis, treatment, amelioration, or cure of disease, illness, injury, and other physical and mental impairments is known as health care or healthcare. Health care is provided by professionals in health and related fields. Health care encompasses a wide range of health-related professions, including those in medicine, dentistry, pharmacy, midwifery, nursing, optometry, audiology, psychology, occupational therapy, physical therapy and athletic training. It encompasses public health as well as primary, secondary, and tertiary caregiving activities.

## **Secondary or Tertiary Care for Patients**

Social and economic factors, as well as health policies, can have an impact on how people, communities, and countries access health care. The timely use of personal health services to achieve the best possible health outcomes is the definition of providing health care services. Factors to consider in terms of health care access include financial limitations (such as insurance coverage), geographical and logistical barriers (such as additional transportation costs and the possibility of taking paid time off work to use such services), sociocultural expectations, and personal limitations. Organizations that aim to meet the health requirements of specific populations are known as health systems. The World Health Organization (WHO) says that a health care system that works well needs a way to pay for it, a workforce that is well-trained and paid well, reliable information on which to base decisions and policies, and health facilities that are well-maintained to deliver high-quality medicines and technologies. A country's economy, industrialization, and development can all benefit from an effective health care system. Primary care Primary care refers to the work of health professionals who act as a first point of consultation for all patients within the health care system. Such a professional would typically be a primary care physician, such as a general practitioner or family physician. Health care is typically regarded as an important determinant in promoting the general physical and mental health and well-being of people all over the world. One example of this is the worldwide eradication of smallpox in

1980, declared a licensed independent practitioner, like a physiotherapist, or a non-physician primary care provider, like a physician assistant or nurse practitioner, would be another professional. The patient may see another health care professional, like a pharmacist or nurse, first, depending on the local health system organization. Patients may be referred for secondary or tertiary care, depending on the nature of their health condition. Primary care is frequently used to refer to the health care services that contribute to the local community. It can be provided in a variety of settings, including urgent care centers that accept walk-in patients for same-day appointments or services. Patients of all ages, from all socioeconomic and geographic backgrounds, seeking to maintain optimal health, and with all kinds of acute and chronic physical, mental, and social health issues, including multiple chronic diseases, are included in primary care. As a result, a primary care physician needs to be knowledgeable in a variety of fields. One of the most important aspects of primary care is continuity. Patients typically prefer to see the same doctor for routine check-ups, preventive care, health education, and whenever they need an initial consultation for a new health issue. Common chronic conditions typically treated in primary care include hypertension, diabetes, asthma, COPD, depression and anxiety, back pain, arthritis, and thyroid dysfunction. The International Classification of Primary Care (ICPC) is a standardized tool for understanding and analyzing information on interventions in primary care based on the reason for the patient's visit. Numerous essential maternal and child health care services, such as family planning and vaccinations, are also included in primary care. Skin disorders (42.7%), osteoarthritis and joint disorders (33.6%), back problems (23.9%), disorders of lipid metabolism (22.4%) and upper respiratory tract disease (22.1%, excluding asthma) were the most common reasons for visiting a doctor in the United States, according to the National Health Interview Survey conducted in 2013. In the United States, primary care physicians have begun to provide primary care outside of the managed care (insurance-billing) system through direct primary care, which is a subset of the more. In this model, physicians directly bill patients for services, either on a pre-paid monthly, quarterly, or annual basis or for each office service. Qliance in Washington and Foundation Health in Colorado are two examples of direct primary care practices.

Vol.8 No.10:003

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## **Mixed Market Health Care System**

Secondary care Secondary care includes acute care: Necessary treatment for a serious but brief illness, injury, or other health condition for a short time. This care is frequently provided in an emergency room of a hospital. Medical imaging services, skilled childbirth care, and intensive care are all examples of secondary care. The term secondary care is sometimes used interchangeably with hospital care. However, the majority of dental specialties and physiotherapists, as well as psychiatrists, psychologists, occupational therapists physiotherapists, do not always work in hospitals. Within hospitals, some primary care services are provided. Patients may be required to see a primary care provider for a referral before they can access secondary care, depending on the national health system's organization and policies. In nations with a mixed market health care system, some physicians restrict their practice to secondary care by requiring patients to see a primary care provider first. In private or group health insurance plans, the terms of the payment agreements may impose this restriction. In other situations, medical specialists may see patients without requiring a referral, and patients may choose to

self-refer. In different nations patient self-reference to a clinical expert for optional consideration is uncommon as earlier reference from another doctor either an essential consideration doctor or another trained professional is viewed as important, whether or not the financing is from private protection plans or public health care coverage. Dietitians, occupational therapists, speech therapists, physical therapists and respiratory therapists are examples of allied health professionals who typically work in secondary care, which is accessed through patient self-referral or physician referral. Tertiary care is specialized consultative health care provided in a facility with personnel and facilities for advanced medical investigation and treatment, such as a tertiary referral hospital. Tertiary care services include cancer management, neurosurgery, cardiac surgery, plastic surgery, treatment for severe burns, advanced neonatology services, palliative care and other complex medical and surgical interventions. Quaternary care is sometimes used as an extension of tertiary care to refer to advanced levels of Quaternary care includes experimental medicine and some unusual diagnostic or surgical procedures. Most of the time, there are only a few regional or national health care centers that provide these services.